

## Session Title

### **Share Your CVP Passion: Why You Should Become a PAD Beacon for the PT Profession**

#### Speaker:

Angela Campbell, PT, DPT

#### Session Description:

This session will provide the audience with the background and results of the APTA Economic Value of PT Report that was approved in fall 2023, as it pertains to cardiovascular & pulmonary (CVP) physical therapy. Emphasis will be placed on intermittent claudication, and the benefits of exercise and health behavior modification that surpass pharmacologic and surgical methods for most individuals with PAD.

Evidence-based PT examination, interventions and outcomes will be presented, through the lens of the audience as CVP PT experts poised to educate the PT profession on PAD management and provide consultative services to others in clinical knowledge and skills, as well as program design.

#### Objectives:

By the end of the session, the learner will be able to:

1. Describe the pathophysiology of peripheral artery disease (PAD) and resultant intermittent claudication
2. Discuss the prognosis of PAD and the alteration of PAD trajectory through exercise and health behavior modification
3. Teach others about the economic value of physical therapy and exercise for persons with intermittent claudication
4. Educate others about evidence-based strategies that PTs can implement in PAD management -- examination, interventions, and outcomes

What will be the clinician/educator takeaways/skills that can be utilized immediately?

1. Potential economic value of PT for persons with PAD - More Effective than Drugs or Surgery!!
2. Evidence-based examination, intervention and outcomes for PAD
3. Strategies for a CVP clinician to implement PAD management in their own practice &/or be a consultant for PTs of all backgrounds in outpatient management of PAD

#### Speaker Bio:

Dr. Campbell is the current president of the Academy of Cardiovascular & Pulmonary Physical Therapy (CVP PT) of the American Physical Therapy Association (APTA) and a professor of physical therapy at Springfield College. She received her DPT from Creighton University in 1996, became an ABPTS Board-Certified Cardiovascular & Pulmonary Clinical Specialist (CCS) in 2001, and recredentialed in 2011. She was on the leadership team that developed the most recent entry-level cardiovascular and pulmonary physical therapist competencies and serves as a member of the APTA Education Collaborative. Dr. Campbell has been a part of the past two

clinical teams leading the revalidation and determination of specialist cardiovascular and pulmonary (CVP) practice (ABPTS Description of Specialty Practice). She has clinical experience as a program director of outpatient pulmonary rehabilitation and as a clinician on heart and lung transplant teams, as well as decades of experience in critical care. Dr. Campbell has served the Academy of CVP PT and the profession in many ways, such as Specialty Council, ABPTRFE Residency Credentialing Site Team, advocacy chair, and ABPTS CVP specialty examination item writer and content expert.

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- Neschis DG, Golden MA (2022). Clinical features and diagnosis of lower extremity peripheral artery disease. UpToDate.com. [[https://www.uptodate.com/contents/clinical-features-and-diagnosis-of-lower-extremity-peripheral-artery-disease?search=peripheral%20artery%20disease&source=search\\_result&selectedTitle=1~150&usage\\_type=default&display\\_rank=1](https://www.uptodate.com/contents/clinical-features-and-diagnosis-of-lower-extremity-peripheral-artery-disease?search=peripheral%20artery%20disease&source=search_result&selectedTitle=1~150&usage_type=default&display_rank=1)] Updated April 2022, Accessed Feb 2024
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